

CAMP MOO DUK KWAN

WWW.MACAMPS.ORG

A list of recommended clothing and equipment is as follows:

(Suggested # of pairs)

- Swimsuit (1)
- T-Shirt (2-4)
- Socks (2-4)
- Underwear (2-4)
- Long Pants (2-4)
- Shorts or cut-offs (2-3)
- Pajamas or sweats
- Sweatshirt or sweater
- Jacket (the weather may be cold in the mornings and evenings)
- Taekwondo Uniform (1)
- Extra Shoes
- Flashlight (extra batteries/bulb.)
- Towels (2-3)
- Toiletries
- Chapstick
- Dirty clothes bags
- Insect Repellent
- Warm sleeping bag
- Pillow



Weapons Training:

All Campers participating in any camp weapons training course should purchase their weapon from their instructor. For more information contact your Taekwondo Instructor.

Camp Rules:

For the safety of all campers no dogs, cats, or other domestic animals will be permitted. Alcohol, Tobacco, and Marijuana use is NOT permitted on campus.

CAMP INFORMATION:

Camp Dates:

September 28th thru
October 1st, 2023.

Registration / Check-ins and Check-out:

Check-in option #1

Thursday, 9/28/2023, 12:00-2:00pm

Check-in option #2

Friday, 9/29/2023, 9:00-11:00am

Check-out

Sunday, 10/1/2023, 1:00-2:00 PM.

**** No other check ins or check-outs without prior approval.**

Camp fees:

\$399 per student/\$199 per chaperone, fee must be complete on camp check-in.

Fees cover:

Room and Board, and all activities. All campers will receive a Certificate of Participation.

Meals:

Breakfast, Lunch, and Dinner will be furnished. Meals will be served cafeteria-style in the camp dining hall. Anyone with diet restrictions or allergies should bring appropriate food/avoid allergens. The first meal will be dinner on Friday, September 29th, and the last will be lunch on Sunday, October 1st.

CAMP LOCATION

Capital Mountain Camp
2150 East Weimar Cross Roads
Weimar, CA 95736

Directions:

- Take I 80 East toward Reno • Exit Right at Weimar Cross Road East, Weimar
- Stay on Weimar Cross road east until you reach Capital Mountain Camp