

A list of recommended clothing and equipment is as follows:

(Suggested # of pairs)

(ouggostou " or patro)
Swimsuit (1)
T-Shirt (2-4)
Socks (2-4)
Underwear (2-4)
Long Pants (2-4)
Shorts or cut-offs (2-3)
Pajamas or sweats
Sweatshirt or sweater
Jacket (the weather may be cold in
the mornings and evenings)
Taekwondo Uniform (1)
Extra Shoes
Flashlight (extra batteries/bulb.)
Towels (2-3)
Toiletries
Chapstick
Dirty clothes bags
Insect Repellent
Warm sleeping bag

Weapons Training:

☐ Pillow

All Campers participating in any camp weapons training course should purchase their weapon from their instructor. For more information contact your Instructor.

Camp Rules:

For the safety of all campers no dogs, cats, or other domestic animals will be permitted.
Alcohol, Tobacco, and Marijuana use is NOT permitted on campus.

CAMP INFORMATION: 2025 Camp Dates:

September 12th thru September 14th

Registration / Check-ins and Check-out: Regular Camp Check-in

Friday, 9/12/2025, 2:00-4:00pm *Check-out* Sunday, 9/14/2025, 12:00-1:00 PM.

** No other check ins or check-outs without prior approval.

Camp fees: (Cover Room and Board, Meals, and all activities)
• Standard: \$399 pp
• Leadership Students: \$349 pp
• Early Registration (Before August 17th): \$349 pp |
Leadership: \$299 pp

Meals:

Breakfast, Lunch, and Dinner will be furnished Meals will be served cafeteria-style in the camp dining hall. Anyone with diet restrictions or allergies should bring appropriate food/avoid allergens. Meals provided are as follows:

9/12-Dinner 9/13-Breakfast, Lunch, Dinner 9/14-Breakfast

CAMP LOCATION

Capital Mountain Camp 2150 East Weimar Cross Roads Weimar, CA 95736

Directions:

- Take I 80 East toward Reno Exit Right at Weimar Cross Road East, Weimar
- Stay on Weimar Cross road east until you reach Capital Mountain Camp